

You may not have planned to teach your kids at home, so we have compiled some of the best homeschool activities for you to try. Each page of this guide has activities that will help your child(ren) learn new concepts while having fun.

If you have found other activities that have worked for you, please take a picture and tag us on Instagram



Comment on our Instagram with new ideas:

@ChooseFIRadio with the #AccidentalHomeschool



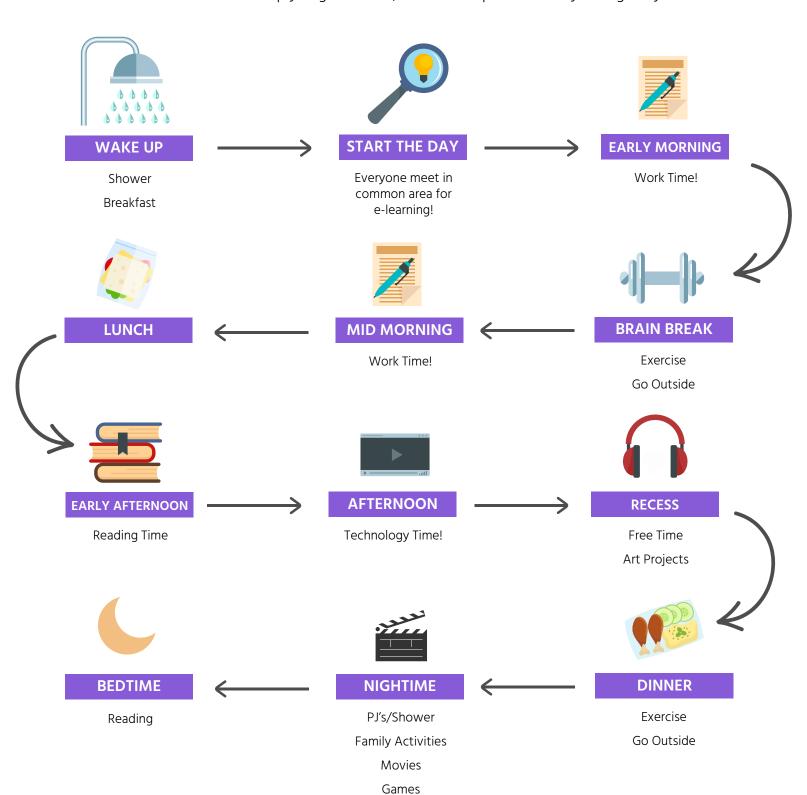


Week 3 Overview & Directions

Get Back on Track with a

SCHEDULE

One of the most important things to do is to try to keep your family on a schedule. Of course, that's easier said than done. To help you get started, here's a sample schedule you might try out.



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During these unprecedented times, we know you are looking for ways to support your child. At the ChooseFl Foundation, we believe in teaching the whole child. In addition to supporting learners with <u>financial literacy curriculum</u>, we want to promote all types of learning. One way to keep your family engaged is to use our Accidental Homeschooler activities provided below. We also encourage you to join our <u>Accidental Homeschoolers Facebook</u> page to share how the activities went for you family.

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OUR TOP 5 ACTIVITIES FOR TODDLERS THIS WEEK

Ideas to entertain your children as a working parent

Step 1- Think about how mobile your little one is! Most children this age need to be contained to explore an activity well. Otherwise, they will move off and appear disinterested when in reality they may enjoy the activity if the ability to move is no longer a factor. Place them in a contained area first (high chair, pack'n play etc.) You get the idea!

Step 2- You know your child and their tendency to put things in their mouths. This will mean some of these activities, while great for some kiddos, may not be for others without more parent supervision. This is an opportunity to teach them "not everything should go in their mouth". But, I will provide creative alternatives to our facebook group too.

Step 3- You know their interests. These are ideas, but knowing what they gravitate to at this age is important. If my activity can be done with a different toy that will grab or hold their attention, switch out the toy (trains for cars or cars for dolls etc.)



Chip Drop

All you need is an empty tissue box and plastic chips (the chips could come from the game sequence, poker chips, counters etc: Be creative and use what you have). The larger the chips are, the better for their motor control. You can tweak this component. The better their motor control, the smaller the chips could be. You can also tweak this activity to make it a <u>sorting activity</u> with markers of different sizes and an oatmeal container. Just make the holes in the lid that you need. Be sure to follow <u>Busy Toddler</u>.



Sensory Bubble Paint

Play_at_Home_Mummy takes the mess and tiresome tidy up out of a paint activity. All you need is to tape butchers paper to the floor (on tiles/hard floor rather than carpet). Then squirt paint all over it (Use a kids washable paint). Tape the bubble wrap on top of the paint/paper. This activity will be loved by 3 year olds too, which is perfect if you have multiple kids. Crawl, stomp, jump, roll and there is no mess.



Sponge and Water

Cut the sponges into smaller hand size pieces for your toddler. Place them in the tub of water. Make sure you preload the sponges with water so when the baby squeezes them, the water comes out! This will hook them right away.

OUR TOP 5 ACTIVITIES FOR TODDLERS THIS WEEK



Chia Sensory Tray

Does your baby normally put everything in their mouth? Not only is this edible, it's healthy and a perfect play activity for your baby. The seeds are slippery and slimy and so it grabs their attention right away. Add food coloring for an extra splash of fun too. Make sure you do this outside or in the bathtub! It does get messy quickly.



Pots and Pan Music

Tape pots and pans face down to the floor with a sticky tape (as sticky as you can find). Hand the infant a rubber or wooden spatula and let them have some fun. Cover the tops of some with different materials so that they hear different sounds. Experiment and have some fun with different surfaces. Turn on music and dance too. Share your creations too.



Join our Accidental Homeschooler Facebook Group to see these activities in action!

PREK-1 BINGO BOARD WEEK 3

During these unprecedented times, we know you are looking for ways to support your child. At the ChooseFI Foundation, we believe in teaching the whole child. In addition to supporting learners with <u>financial literacy curriculum</u>, we want to promote all types of learning. One way to keep your family engaged is to use our Accidental Homeschooler bingo boards.

Option 1 - Traditional Bingo

- 1. Have your learner work on their own or have everyone in the family choose a box.
- 2. Work horizontally, vertically, and/or diagonally.
- 3. Come up with an age-appropriate way to celebrate when the work is complete.

Option 2 - Mix It Up

- 1. Have your learner work on their own or have everyone in the family choose a box.
- 2. Play postage stamp, four corners, or blackout as bingo alternatives. You can add this to Option 1 or use this format on its own.
- 3. Come up with an age-appropriate way to celebrate when the work is complete.

Option 3 - Leave It Up to Chance!

- 1. Have your learner choose a letter (L, E, A, R, or N).
- 2. Then, ask them to roll a die from a board game. If they roll a 6, they should roll again. Count from the top of the column to see which activity they should complete.
- 3. Repeat this process until they get a bingo!
- 4. Come up with an age-appropriate way to celebrate when the work is complete.

Option 4 - Print Two!

- 1. Print out two copies of the bingo board.
- 2. Cut one up and put cutouts into a bin or jar.
- 3. Draw bingo squares at random to complete until they get a bingo.
- 4. Come up with an age-appropriate way to celebrate when the work is complete.

Option 5 - Better Together!

- 1. Play option 3 or option 4 but make it a competition.
- 2. Recruit other learners in your house and/or play the adult bingo board yourself.
- 3. Offer it as an option for other neighbors, relatives, or students in your child's class.
- 4. Come up with an age-appropriate way to celebrate the person who gets bingo first!

PREK-1 BINGO BOARD WEEK 3

Directions: Your goal is to get a bingo by completing five (5) boxes in a row horizontally, diagonally, or vertically. Each box relates to different types of learning. Activities focus on age appropriate motor development, financial, social, & emotional learning, health & fitness, and family & communication.

L	E	A	R	N
Make it! Make a simple bunny to celebrate Spring. Beads and pipe cleaners.	Emotions Not every child processes emotions the same way. This is a great way to teach your kids about different emotions and simple to make. Get a mirror and make the emotions in the mirror too.	Shadow Art Find a dinosaur, car, truck, train or doll you love. Enjoy some outside time in the afternoon sun. Lay out your object and trace around the shadow.	Rock teeth Teaching your child to brush their teeth well is a life skill. Practice makes perfect. Have fun with it by making rock teeth, adding dirt and letting them scrub.	Animal Faces Make Animals with your hands. Watch this artist turn hands into animals. Use your toddler's hands and have fun.
Life Skills Teach your toddler how to put on their own coat. This video makes this life skill easy as pie. Best part is they are elated and want to tell everyone they know. Win for mum and dad!	Cotton bud and q-tip art Keep it simple with q-tips, cardboard and string (color it for fun). Teaching them shapes by making the shapes you are talking about and then let them thread.	Monster Footprint Hop! Raising Dragons gets you up and moving with a fun hopping activity. Make your monster feet and you are ready to go.	Rainbow Sensory Bags Learn your colors and make a rainbow. Colored counters, plastic baggie and a drawing of a rainbow. Fun in a bag.	Music with <u>Laurie Berkner</u> She grabs kid's attention immediately with good music as she teaches them concepts. Listen along and enjoy. Your toddler will be hooked.
Busy Toddler shares why her <u>Pouring</u> <u>station</u> is a great idea. Water play can still be done inside.	Fix It! I know I am not the only mum or teacher whose children ask for bandaids on repeat everyday. This activity allows them to get their bandaid needs met and play nurse at the same time.	Free Space!	Hand and Foot Name Paint hands and feet and stamp them on paper. How many letters are in your name? Stamp and repeat until you have enough hands or feet to represent letters in your name. Now get creative. Turn the hands into different animals to represent your name.	Cook and Play! Making Today encourages you to bring the games into your kitchen while you prepare dinner. A simple activity that will keep them engaged while you prepare dinner.
Letter Writing with Sprinkles Help your toddler learn to write their name. A baking sheet, sprinkles and a stick (candy cane). Let them practice. This could also be done with dad's shaving cream too.	Workout Tunes Working out a few days a week as a family can be a lot of fun and allow you to get a workout in. Make it your new routine. Here are some Family workout tunes on Spotify to help you as you find your workout routine.	Follow! The Dadlab has wonderful activities to do with your child. Follow him and find an activity you are excited about. Be sure to share it with us @choosefiradio	Classical Critters Is a free service backed by non-profit public radio.They have a 60-minute classical music romp about and inspired by animals.	Potato stamping is easy. Can you spare a potato? Cut out the design you want. Voila. It's easy to hold and fun.
Meet the animals? Every Tuesday and Thursday at 2:00 p.m. take a Virtual tour of Charlie's Acres, a 30 minute tour of a 140-animal farm (Facebook Live)	Name it & Sort it! Busy toddler introduces a Name sort. All you need are stickers (letters in their name), paper with your name written on it in big bubble letters.	Coin sort Keep it simple with boxes made from tape on the floor. Empty your saving coin stash and sort. Make towers out of the coins. Count. Visit Teach Mumma and print out her money poems and songs about money.	Phone Number This activity helps to teach your toddler your phone number. Knowing how to reach you is important. Play with numbers that are important to you.	Join the <u>Activity Room 5</u> <u>Day Challenge.</u> Here is a list of <u>supplies</u> you will need. Join the group and enjoy the challenge. We have loved this great resource.

ADDITIONAL SUPPLIES AND INSTRUCTIONS

Make it!

<u>Supplies-</u> Large beads of different sizes with matching pipe cleaners in that color, the video and a device to watch it.

<u>Instructions-</u> Make a simple bunny to celebrate Spring. Be sure to watch the video yourself first to become comfortable with making the bunny. Then repeat the video with your toddler. Pause the video and have them help tell you what to do in different parts. This is a great way to help them break directions into parts and retell you the directions.

Emotions

<u>Supplies-</u> Six small paper circles, a cardboard rectangle (shoe box lid), a pipe cleaner, a bead and a glue gun.

<u>Instructions-</u> Because not every child processes emotions the same way this is a great area to provide support and practice. First talk about different emotions. This may follow a <u>picture book</u> you read to them. Turn back to the pages and ask them how the character was feeling. Get a mirror and make the emotions in the mirror too. Then together draw some of the emotions. Watch the video to see before you make the emotions yourself. You could make the same emotions or change them to fit the book you read.

Shadow Art

Supplies- Toys, White Paper, Markers & Paints. Complete the activity in the afternoon.

<u>Instructions-</u> Use your child's favorite toy/s for this scene and stick or tape a long piece of white paper (allowing you to see lots of objects reflected on the white paper at the same time and for the paper not to lift from the wind). Encourage the child to draw around the shapes they see or you draw around the shapes for them. Have fun painting or coloring what was drawn. You could get sidewalk chalk and draw their shadows too.

Cook and Play

<u>Supplies-</u> Cardboard or cardstock, ping pong balls and mini cars or trains etc:

<u>Instructions-</u> Be sure to use firm paper rather than computer paper. It will allow the tunnel to stay up and the game to last longer as their trucks will bump against the sides. You could help them support the sides with popsicle sticks too.

Rock teeth

<u>Supplies-</u> Small rocks or pebbles, glue gun, cardboard, transparent plastic, dirt and or playdough. A tooth brush or a big scrub brush if you have large rocks.

<u>Instructions-</u> Teaching your child to brush their teeth properly is a life skill. Practice by making rock teeth. Have them help you collect rocks on a nature walk beforehand. Draw a picture of a large mouth (just lips) on a piece of cardboard. Color the lips in read. If possible cover the cardboard in transparent plastic. This will help the activity last and for your child to be able to repeat the activity if they would like to. Rub dirt, playdough (yellow) on the teeth for them to brush out.

TODDLER ACTIVITY SUPPLIES AND INSTRUCTIONS

Cotton bud and q-tip art

Supplies- Q-tips, cardboard, scissors and string (color it for fun). Glue gun.

<u>Instructions-</u> Draw whatever you would like them to practice making. Are you teaching them shapes? Make the shapes you are talking about and then let them thread around the q-tips to create the shape. To insert the q-tips into the board, place small holes inside the cardboard with scissors. Glue the q-tips in place.

Phone Number

Supplies- Paper, marker, colorful round stickers and tape.

<u>Instructions-</u> Write the "number" in bubble letters on a large piece of paper. Tape the paper to the wall. On the small round colorful stickers write the numbers in the phone number eg: on all red stickers write the number 1 if this number is in the phone number 101-568-3456. Knowing how to reach you is important. Play with numbers that are important to you.

Name it and sort it

<u>Supplies-</u> Paper, marker, stickers and tape.

<u>Instructions-</u> Write your child's name and family names on paper (each letter on a different piece of paper if you want to slowly add letters each day). Write the letters on the stickers eg: all green with the letter A, blue with the letter Z etc:

ELEMENTARY BINGO BOARD WEEK 3

Directions: Your goal is to get a bingo by completing five (5) boxes in a row horizontally, diagonally, or vertically. Each box relates to different types of learning. Activities focus on core curriculum, finance, social emotional learning, health & fitness, and family & communication.

L	E	A	R	N
Easter Egg Exercise Hunt! You already likely have plastic eggs. Write different exercises on pieces of paper (x5 jumping jacks) and insert them in the plastic eggs. Hide the eggs and go on an egg hunt. Perform the cardio activities as a family as you go.	Scribble Bots Make your own <u>"coloring robot."</u> First watch the video and gather your supplies. Have fun!	Move it! <u>Dadventures</u> - 12 websites to get kids up and moving.	Vocabulary Learn a new vocabulary word everyday this week. Use it in a sentence throughout the day. Practice adding words to your vocabulary. Challenge your parents to help you with a family "word of the day."	Great Chemistry projects from <u>ThoughtCo.</u> Try some of these activities out and let us know what you think.
Lego Art Stamping Do you have a lot of legos? Create things in a different way by stamping with them.	Find some of your favorite authors reading their favorite books at <u>Learning at Home.</u> Who was your favorite this week? Let us now.	Research an Animal Visit some great sites, read our suggested books and have fun as you learn about an animal of your choice.	Mommy Poppins offers <u>63</u> <u>Science Experiments</u> using household supplies for all the experiments. Have fun. Be sure to share a picture with us.	Bookclub Read a book with a friend from school. Hop on Zoom to discuss the different chapters in the book and encourage each other to continue to read. Discuss the characters and how they might be changing over time. Summarize a chapter. Make a comic strip to describe a chapter.
Exercise with your family as you play a family Tic Tac Toe on the move. It is simple to make and a great way to move and problem solve at the same time. Watch the video to learn how to play.	Check out <u>MathAntics</u> to learn new math concepts. The videos help you practice a concept.	Free Space!	Minute to Win It! Have a <u>competition</u> with our family or share the video with other families and practice now to challenge later when Social Distancing has ended.	Watch San Diego Zoo and San Diego Zoo Safari Park web cams. Watch animals at the zoo and learn about their habitats.
Imagineering in a Box A virtual Lesson from Khan Academy about How to Build your own Disney Theme Park.	Daily cartoon lessons with <u>HowtoToon</u>	10 Disney Zumba Videos To Work Up A Magical Sweat with your family	Visit <u>Exploratorium</u> to interact with Science daily. Are you interested in their <u>K-5 Science Snacks?</u> Take a look.	Jarrett Lerner shares <u>Comic</u> <u>Starters</u> to encourage you to start writing comics. Try writing a comic with one of his.
Read! Read a book or picture book. Write a book review, and email it to a family member or friend.	Explore <u>3D animals</u> through Google.	Free stories and cool activities to explore on The Old Farmer's Almanac.	4-H Stem Lab brings current interactive Science Activities to you. Take a look!	Run it! Run a mile three times this week. Time yourself and try to improve your time. Encourage a family member to run with you.

6-12 BINGO BOARD WEEK 3

Directions: Your goal is to get a bingo by completing five (5) boxes in a row horizontally, diagonally, or vertically. Each box relates to different types of learning. Activities focus on core curriculum, finance, social emotional learning, health & fitness, and family & communication.

L	E	Α	R	N
Make your own zine and share it with a family member or mail it to a friend.	Read three stories that interest you on <u>CommonLit.</u>	Even if you're not headed to college right away, take some time, take some time to explore scholarship options.	Check out <u>Prodigy online</u> <u>math games</u> to see how high of a score you can get!	Choose a content area you want to improve in and work on it in <u>Khan</u> <u>Academy.</u>
Read about ways that communities are coming together while distancing and consider starting your own neighborhood bear hunt.	Test out your financial literacy with one of these <u>Practical Money Skills</u> <u>games.</u>	Listen to a ChooseFI episode or another podcast linked <u>here.</u>	Check out the <u>Career</u> <u>Clusters Activity</u> to see what career paths you might consider.	Get fit using an online workout visiting a site like <u>PE with Joe</u> or the <u>7-Minute</u> <u>Workout.</u>
Take a crash course in Business Entrepreneurship or any other topic you're interested in.	Test out your word knowledge with <u>online</u> <u>Mad Libs.</u>	Free Space!	Read a book, write a book review, and email it to a family member or friend.	Find an interesting topic to listen to from <u>TED Ed.</u>
Check out <u>College</u> <u>Match</u> to learn more about where you might go after high school!	Visit <u>THINKR on YouTube</u> to get inspired by prodiges, learn with Bill Nye, and so much more!	Get a taste of the lvy Leagues with <u>one of</u> these free online courses.	Test out your skills with one many <u>Hour of Code</u> activities.	Visit the <u>Hogwarts Digital</u> <u>Escape Room.</u>
Take the Words <u>Alive</u> <u>TikTok Challenge.</u>	Discover an artist on <u>Artsy</u> and share what you like (or don't like!) with a family member.	Visit your local public library's website and check out an online feature you haven't used yet.	Check out a <u>Disney</u> <u>Zumba video</u> and see if you can keep up!	Explore a <u>podcast in</u> another language.

If you enjoyed these challenges, check out the <u>ChooseFI K-12 Curriculum</u> and our Passport Performance Assessments for <u>6-8</u> and <u>9-12</u>.

MISSED A WEEK?

Download Week One

Download Week Two