01: TRACK EVERY DOLLAR **YOU SPEND FOR 90 DAYS**

This is the first step to changing your money story

02: SAVE \$1,000 IN THE **BANK AS A CRISIS FUND**

Do whatever it takes, create a crisis fund that takes you and your family back from the cliff edge



03: COMMIT TO NO NEW DEBT

You must stop digging the debt hole deeper



04: ASK, "DOES YOUR EMPLOYER

Find out if your work retirement plan (401k, 403b, TSP, etc) matches? Get your free money!



05: FOREVER PAY OFF ALL DEBT

(EXCEPT HOUSE AND STUDENT LOANS UNDER 5%) Pay off all consumer debt except your mortgage and student loans under 5%

interest (cc, car, personal loan, payday

lender, couch, blinds)



Grow your savings crisis fund into 3-6 months living expenses in a safe, separate account (ie: online savings bank)



07: PLAN YOUR SAVINGS **ROADMAP**

Fill out your savings plan — this is your personal guide to smart investing for every extra dollar you save then automate it!



08: EVALUATE YOUR INSURANCE NEEDS

Decide on the right kind of insurance, for the right amount, at the right time



09: PLAN FOR COLLEGE

Prepare for your family's income boosting education — whether college, tradeschool, or certifications.

10: WRITE YOUR **INVESTMENT PLAN DOWN**

Take everything we have learned and write it down in your own investing statement. This is your guide to financial independence, stability and security through any market



